

A photograph of a man with grey hair, wearing a light blue shirt and a red backpack, standing on a stone ledge of a large, dark stone structure with a dome. He is looking out over a body of water towards a distant shoreline under a sunset sky. The image is partially obscured by a magenta brushstroke at the top and a blue and orange wave graphic at the bottom.

You may have questions
about **HUMIRA**

WELCOME
TO ABBVIE CONTIGO

Resources designed with patients in mind

Please see [Uses and Important Safety Information](#) on page 2.

Please see full [Prescribing Information](#), including **BOXED WARNING** on Serious Infections and Malignancy, and [Medication Guide](#), or visit www.rxabbvie.com/pdf/humira.pdf and discuss with your doctor.

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contigo

HUMIRA[®]
adalimumab

USES AND IMPORTANT SAFETY INFORMATION for Patients¹

USES¹

HUMIRA is a prescription medicine used:

• To reduce the signs and symptoms of:

– **Moderate to severe rheumatoid arthritis (RA) in adults.** HUMIRA can be used alone, with methotrexate, or with certain other medicines. HUMIRA may prevent further damage to your bones and joints and may help your ability to perform daily activities.

– **Moderate to severe polyarticular juvenile idiopathic arthritis (JIA) in children 2 years of age and older.** HUMIRA can be used alone or with methotrexate.

– **Psoriatic arthritis (PsA) in adults.** HUMIRA can be used alone or with certain other medicines. HUMIRA may prevent further damage to your bones and joints and may help your ability to perform daily activities.

– **Ankylosing spondylitis (AS) in adults.**

– **Moderate to severe hidradenitis suppurativa (HS) in people 12 years and older.**

• **To treat moderate to severe Crohn's disease (CD) in adults and children 6 years of age and older.**

• **To treat moderate to severe ulcerative colitis (UC) in adults and children 5 years of age and older.** It is not known if HUMIRA is effective in people who stopped responding to or could not tolerate anti-TNF medicines.

• **To treat moderate to severe chronic plaque psoriasis (Ps) in adults** who are ready for systemic therapy or phototherapy, and are under the care of a doctor who will decide if other systemic therapies are less appropriate.

• **To treat non-infectious intermediate (middle part of the eye), posterior (back of the eye), and panuveitis (all parts of the eye) in adults and children 2 years of age and older.**

IMPORTANT SAFETY INFORMATION¹

What is the most important information I should know about HUMIRA?

You should discuss the potential benefits and risks of HUMIRA with your doctor. HUMIRA is a TNF blocker medicine that can lower the ability of your immune system to fight infections. You should not start taking HUMIRA if you have any kind of infection unless your doctor says it is okay.

• **Serious infections have happened in people taking HUMIRA. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some people have died from these infections.** Your doctor should test you for TB before starting HUMIRA, and check you closely for signs and symptoms of TB during treatment with HUMIRA, even if your TB test was negative. If your doctor feels you are at risk, you may be treated with medicine for TB.

• **Cancer.** For children and adults taking TNF blockers, including HUMIRA, the chance of getting lymphoma or other cancers may increase. There have been cases of unusual cancers in children, teenagers, and young adults using TNF blockers. Some people have developed a rare type of cancer called hepatosplenic T-cell lymphoma. This type of cancer often results in death. If using TNF blockers including HUMIRA, your chance of getting two types of skin cancer (basal cell and squamous cell) may increase. These types are generally not life-threatening if treated; tell your doctor if you have a bump or open sore that doesn't heal.

What should I tell my doctor BEFORE starting HUMIRA?

Tell your doctor about all of your health conditions, including if you:

- Have an infection, are being treated for infection, or have symptoms of an infection
- Get a lot of infections or infections that keep coming back
- Have diabetes
- Have TB or have been in close contact with someone with TB, or were born in, lived in, or traveled where there is more risk for getting TB
- Live or have lived in an area (such as the Ohio and Mississippi River valleys) where there is an increased risk for getting certain kinds of fungal infections, such as histoplasmosis, coccidioidomycosis, or blastomycosis. These infections may happen or become more severe if you use HUMIRA. Ask your doctor if you are unsure if you have lived in these areas
- Have or have had hepatitis B
- Are scheduled for major surgery
- Have or have had cancer

- Have numbness or tingling or a nervous system disease such as multiple sclerosis or Guillain-Barré syndrome
- Have or had heart failure
- Have recently received or are scheduled to receive a vaccine. HUMIRA patients may receive vaccines, except for live vaccines. Children should be brought up to date on all vaccines before starting HUMIRA
- Are allergic to rubber, latex, or any HUMIRA ingredients
- Are pregnant, planning to become pregnant, breastfeeding, or planning to breastfeed
- Have a baby and you were using HUMIRA during your pregnancy. Tell your baby's doctor before your baby receives any vaccines

Also tell your doctor about all the medicines you take. You should not take HUMIRA with ORENCIA[®] (abatacept), KINERET[®] (anakinra), REMICADE[®] (infliximab), ENBREL[®] (etanercept), CIMZIA[®] (certolizumab pegol), or SIMPONI[®] (golimumab). Tell your doctor if you have ever used RITUXAN[®] (rituximab), IMURAN[®] (azathioprine), or PURINETHOL[®] (mercaptopurine, 6-MP).

What should I watch for AFTER starting HUMIRA?

HUMIRA can cause serious side effects, including:

- **Serious infections.** These include TB and infections caused by viruses, fungi, or bacteria. Symptoms related to TB include a cough, low-grade fever, weight loss, or loss of body fat and muscle.
- **Hepatitis B infection in carriers of the virus.** Symptoms include muscle aches, feeling very tired, dark urine, skin or eyes that look yellow, little or no appetite, vomiting, clay-colored bowel movements, fever, chills, stomach discomfort, and skin rash.
- **Allergic reactions.** Symptoms of a serious allergic reaction include hives, trouble breathing, and swelling of your face, eyes, lips, or mouth.
- **Nervous system problems.** Signs and symptoms include numbness or tingling, problems with your vision, weakness in your arms or legs, and dizziness.
- **Blood problems** (decreased blood cells that help fight infections or stop bleeding). Symptoms include a fever that does not go away, bruising or bleeding very easily, or looking very pale.
- **Heart failure** (new or worsening). Symptoms include shortness of breath, swelling of your ankles or feet, and sudden weight gain.
- **Immune reactions including a lupus-like syndrome.** Symptoms include chest discomfort or pain that does not go away, shortness of breath, joint pain, or rash on your cheeks or arms that gets worse in the sun.
- **Liver problems.** Symptoms include feeling very tired, skin or eyes that look yellow, poor appetite or vomiting, and pain on the right side of your stomach (abdomen). These problems can lead to liver failure and death.
- **Psoriasis** (new or worsening). Symptoms include red scaly patches or raised bumps that are filled with pus.

Call your doctor or get medical care right away if you develop any of the above symptoms.

Common side effects of HUMIRA include injection site reactions (pain, redness, rash, swelling, itching, or bruising), **upper respiratory infections** (sinus infections), **headaches, rash, and nausea.** These are not all of the possible side effects with HUMIRA. Tell your doctor if you have any side effect that bothers you or that does not go away.

Remember, tell your doctor right away if you have an infection or symptoms of an infection, including:

- | | | |
|----------------------------|--|------------------------------------|
| • Fever, sweats, or chills | • Weight loss | • Burning when you urinate |
| • Muscle aches | • Warm, red, or painful skin or sores on your body | • Urinating more often than normal |
| • Cough | • Diarrhea or stomach pain | • Feeling very tired |
| • Shortness of breath | | |
| • Blood in phlegm | | |

HUMIRA is given by injection under the skin.

This is the most important information to know about HUMIRA. For more information, talk to your health care provider.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.

Reference: 1. HUMIRA Injection [package insert]. North Chicago, IL: AbbVie Inc.

Please see full [Prescribing Information](#), including **BOXED WARNING** on Serious Infections and Malignancy, and [Medication Guide](#), or visit www.rxabbvie.com/pdf/humira.pdf and discuss with your doctor.

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Faxing Instructions:

Fax to AbbVie Contigo (1-888-979-8019)

AbbVie Contigo is here to help with:

- Making sense of insurance coverage
- Identifying ways to save on HUMIRA
- Scheduling one-on-one supplemental injection training
- Getting resources to track treatment progress

Sections in **PLUM** (1,2,3) are necessary for enrollment into AbbVie Contigo. Required fields are marked with an asterisk (*).

The patient or legally authorized person or health care professional (HCP) who is referring should fill out this form completely.

Please print clearly.

1 PATIENT'S INFORMATION

First Name*: _____ Last Name*: _____ Date of Birth*: ____ / ____ / ____

Address*: _____ City*: _____

State*: _____ ZIP*: _____ Primary Phone*: _____ Secondary Phone: _____

2 DIAGNOSIS*

<input type="checkbox"/> Crohn's Disease (CD)	<input type="checkbox"/> Rheumatoid Arthritis (RA)	<input type="checkbox"/> Uveitis (UV)	<input type="checkbox"/> Pediatric Uveitis (Ped UV)
<input type="checkbox"/> Ulcerative Colitis (UC)	<input type="checkbox"/> Ankylosing Spondylitis (AS)	<input type="checkbox"/> Pediatric Crohn's Disease (Ped CD)	
<input type="checkbox"/> Plaque Psoriasis (Ps)	<input type="checkbox"/> Juvenile Idiopathic Arthritis (JIA)	<input type="checkbox"/> Pediatric Ulcerative Colitis (Ped UC)	
<input type="checkbox"/> Psoriatic Arthritis (PsA)	<input type="checkbox"/> Hidradenitis Suppurativa (HS)	<input type="checkbox"/> Pediatric Hidradenitis Suppurativa (Ped HS)	

I consent to the collection, use, and disclosure of my health-related personal data to receive communications from AbbVie regarding its products, programs, services, clinical trials, research opportunities and for online targeted advertising, as further described in the "How we may use Personal Data," "How we disclose Personal Data," and "Cookies and similar tracking and data collection technologies" sections of our [Privacy Notice](#). My consent is required to process sensitive personal data under certain privacy laws, and I have the right to withdraw my consent by visiting "[Your Privacy Choices](#)" on AbbVie's website.

For information on how we collect and process your personal data, including the categories we collect, purposes for their collection, and disclosures to third parties, visit <https://abbvie.com/PrivacyPatient>.

Through my submission of the enrollment form, I consent to the collection, use, and disclosure of my personal health data, as described in the Privacy Notice above and in AbbVie's Privacy Notice in the "How We May Disclose Personal Data" section. My consent is required to process sensitive personal data under certain privacy laws, and I have the right to withdraw my consent by visiting "[Your Privacy Choices](#)" on AbbVie's website.

3 PRESCRIBER INFORMATION (Optional)

Prescriber's Name (First, Last): _____ Office Phone: _____

_____ Address: _____

For information on how we collect and process your personal data, including the categories we collect, purposes for their collection, and disclosures to third parties, visit <https://abbvie.com/PrivacyHCP>.

IMPORTANT INFORMATION: By submitting this form, you are referring the above patient to AbbVie's patient support program to determine eligibility and receive support related to an AbbVie product. Please share this information with your patient.

Please see [Uses and Important Safety Information](#) on page 2.

Please see full [Prescribing Information](#), including **BOXED WARNING** on Serious Infections and Malignancy, and [Medication Guide](#), or visit www.rxabbvie.com/pdf/humira.pdf.

INDICATIONS AND IMPORTANT SAFETY INFORMATION for Healthcare Providers¹

INDICATIONS¹

HUMIRA is indicated, alone or in combination with methotrexate or other non-biologic DMARDs, for reducing signs and symptoms, inducing major clinical response, inhibiting the progression of structural damage, and improving physical function in adult patients with moderately to severely active rheumatoid arthritis.

HUMIRA is indicated, alone or in combination with methotrexate, for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis in patients 2 years of age and older.

HUMIRA is indicated, alone or in combination with non-biologic DMARDs, for reducing signs and symptoms, inhibiting the progression of structural damage, and improving physical function in adult patients with active psoriatic arthritis.

HUMIRA is indicated for reducing signs and symptoms in adult patients with active ankylosing spondylitis.

HUMIRA is indicated for the treatment of moderately to severely active Crohn's disease in adults and pediatric patients 6 years of age and older.

HUMIRA is indicated for the treatment of moderately to severely active ulcerative colitis in adults and pediatric patients 5 years of age and older.

Limitations of Use:

The effectiveness of **HUMIRA** has not been established in patients who have lost response to or were intolerant to TNF blockers.

HUMIRA is indicated for the treatment of adult patients with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy, and when other systemic therapies are medically less appropriate. **HUMIRA** should only be administered to patients who will be closely monitored and have regular follow-up visits with a physician.

HUMIRA is indicated for the treatment of moderate to severe hidradenitis suppurativa in patients 12 years of age and older.

HUMIRA is indicated for the treatment of non-infectious intermediate, posterior, and panuveitis in adults and pediatric patients 2 years of age and older.

IMPORTANT SAFETY INFORMATION¹

SERIOUS INFECTIONS

Patients treated with **HUMIRA** are at increased risk for developing serious infections that may lead to hospitalization or death. Most patients who developed these infections were taking concomitant immunosuppressants such as methotrexate or corticosteroids.

Discontinue **HUMIRA** if a patient develops a serious infection or sepsis.

Reported infections include:

- Active tuberculosis (TB), including reactivation of latent TB. Patients with TB have frequently presented with disseminated or extrapulmonary disease. Test patients for latent TB before **HUMIRA** use and during therapy. Initiate treatment for latent TB prior to **HUMIRA** use.
- Invasive fungal infections, including histoplasmosis, coccidioidomycosis, candidiasis, aspergillosis, blastomycosis, and pneumocystosis. Patients with histoplasmosis or other invasive fungal infections may present with disseminated, rather than localized, disease. Antigen and antibody testing for histoplasmosis may be negative in some patients with active infection. Consider empiric anti-fungal therapy in patients at risk for invasive fungal infections who develop severe systemic illness.
- Bacterial, viral, and other infections due to opportunistic pathogens, including *Legionella* and *Listeria*.

Carefully consider the risks and benefits of treatment with **HUMIRA** prior to initiating therapy in patients: 1. with chronic or recurrent infection, 2. who have been exposed to TB, 3. with a history of opportunistic infection, 4. who resided in or traveled in regions where mycoses are endemic, 5. with underlying conditions that may predispose them to infection. Monitor patients closely for the development of signs and symptoms of infection during and after treatment with **HUMIRA**, including the possible development of TB in patients who tested negative for latent TB infection prior to initiating therapy.

- Do not start **HUMIRA** during an active infection, including localized infections.
- Patients older than 65 years, patients with co-morbid conditions, and/or patients taking concomitant immunosuppressants may be at greater risk of infection.
- If an infection develops, monitor carefully and initiate appropriate therapy.
- Drug interactions with biologic products: A higher rate of serious infections has been observed in RA patients treated with rituximab who received subsequent treatment with a TNF blocker. An increased risk of serious infections has been seen with the combination of TNF blockers with anakinra or abatacept, with no demonstrated added benefit in patients with RA. Concomitant administration of **HUMIRA** with other biologic DMARDs (e.g., anakinra or abatacept) or other TNF blockers is not recommended based on the possible increased risk for infections and other potential pharmacological interactions.

MALIGNANCY

Lymphoma and other malignancies, some fatal, have been reported in children and adolescent patients treated with TNF blockers, including **HUMIRA**. Postmarketing cases of hepatosplenic T-cell lymphoma (HSTCL), a rare type of T-cell lymphoma, have been reported in patients treated with TNF blockers, including **HUMIRA**. These cases have had a very aggressive disease course and

have been fatal. The majority of reported TNF blocker cases have occurred in patients with Crohn's disease or ulcerative colitis and the majority were in adolescent and young adult males. Almost all of these patients had received treatment with azathioprine or 6-mercaptopurine concomitantly with a TNF blocker at or prior to diagnosis. It is uncertain whether the occurrence of HSTCL is related to use of a TNF blocker or a TNF blocker in combination with these other immunosuppressants.

- Consider the risks and benefits of **HUMIRA** treatment prior to initiating or continuing therapy in a patient with known malignancy.
- In clinical trials, more cases of malignancies were observed among **HUMIRA**-treated patients compared to control patients.
- Non-melanoma skin cancer (NMSC) was reported during clinical trials for **HUMIRA**-treated patients. Examine all patients, particularly those with a history of prolonged immunosuppressant or PUVA therapy, for the presence of NMSC prior to and during treatment with **HUMIRA**.
- In **HUMIRA** clinical trials, there was an approximate 3-fold higher rate of lymphoma than expected in the general U.S. population. Patients with chronic inflammatory diseases, particularly those with highly active disease and/or chronic exposure to immunosuppressant therapies, may be at higher risk of lymphoma than the general population, even in the absence of TNF blockers.
- Postmarketing cases of acute and chronic leukemia were reported with TNF blocker use. Approximately half of the postmarketing cases of malignancies in children, adolescents, and young adults receiving TNF blockers were lymphomas; other cases included rare malignancies associated with immunosuppression and malignancies not usually observed in children and adolescents.

HYPERSENSITIVITY

- Anaphylaxis and angioneurotic edema have been reported following **HUMIRA** administration. If a serious allergic reaction occurs, stop **HUMIRA** and institute appropriate therapy.

HEPATITIS B VIRUS REACTIVATION

- Use of TNF blockers, including **HUMIRA**, may increase the risk of reactivation of hepatitis B virus (HBV) in patients who are chronic carriers. Some cases have been fatal.
- Evaluate patients at risk for HBV infection for prior evidence of HBV infection before initiating TNF blocker therapy.
- Exercise caution in patients who are carriers of HBV and monitor them during and after **HUMIRA** treatment.
- Discontinue **HUMIRA** and begin antiviral therapy in patients who develop HBV reactivation. Exercise caution when resuming **HUMIRA** after HBV treatment.

NEUROLOGIC REACTIONS

- TNF blockers, including **HUMIRA**, have been associated with rare cases of new onset or exacerbation of central nervous system and peripheral demyelinating diseases, including multiple sclerosis, optic neuritis, and Guillain-Barré syndrome.
- Exercise caution when considering **HUMIRA** for patients with these disorders; discontinuation of **HUMIRA** should be considered if any of these disorders develop.
- There is a known association between intermediate uveitis and central demyelinating disorders.

HEMATOLOGIC REACTIONS

- Rare reports of pancytopenia, including aplastic anemia, have been reported with TNF blockers. Medically significant cytopenia has been infrequently reported with **HUMIRA**.
- Consider stopping **HUMIRA** if significant hematologic abnormalities occur.

CONGESTIVE HEART FAILURE

- Worsening and new onset congestive heart failure (CHF) has been reported with TNF blockers. Cases of worsening CHF have been observed with **HUMIRA**; exercise caution and monitor carefully.

AUTOIMMUNITY

- Treatment with **HUMIRA** may result in the formation of autoantibodies and, rarely, in development of a lupus-like syndrome. Discontinue treatment if symptoms of a lupus-like syndrome develop.

IMMUNIZATIONS

- Patients on **HUMIRA** should not receive live vaccines.
- Pediatric patients, if possible, should be brought up to date with all immunizations before initiating **HUMIRA** therapy.
- Adalimumab is actively transferred across the placenta during the third trimester of pregnancy and may affect immune response in the *in utero* exposed infant. The safety of administering live or live-attenuated vaccines in infants exposed to **HUMIRA in utero** is unknown. Risks and benefits should be considered prior to vaccinating (live or live-attenuated) exposed infants.

ADVERSE REACTIONS

- The most common adverse reactions in **HUMIRA** clinical trials (>10%) were: infections (e.g., upper respiratory, sinusitis), injection site reactions, headache, and rash.

Reference: 1. **HUMIRA** Injection [package insert]. North Chicago, IL: AbbVie Inc.

Please see full [Prescribing Information](#), including **BOXED WARNING** on Serious Infections and Malignancy.

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